



BARRIERS **to** **EFFECTIVE** **COMMUNICATION**

Judging the other person

Not paying attention

Using foul language

Giving solutions or unwanted advice

Avoiding the concern of others

For more information: <https://www.habitsforwellbeing.com/9-effective-communication-skills/>
Image taken from: https://www.google.com/search?q=brick+wall+barrier&rlz=1C1GCEU_en-GBCA819CA819&source=lnms&tbn=isch&sa=X&ved=0ahUKEwid9-ns96PIAhU3HjQIHWI-ARAQ_AUIEigB&biw=1920&bih=969#imgrc=VPMG0HedIxsHpM: